

# Preview Form

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## Anesthesiology Critical Care Medicine - Fellow Self-Assessment

[Insufficient contact to evaluate](#) (delete evaluation)

WHAT DO YOU THINK ARE YOUR STRENGTHS AS A PHYSICIAN FELLOW?  
Please make comments for each core competency below:

1. Patient Care \*

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2. Medical Knowledge \*

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3. Practice Based Learning and Improvement \*

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4. Interpersonal and Communication Skills \*

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5. Professionalism \*

6. Systems-Based Practice \*

7. WHAT ARE YOU NEED TO IMPROVE ON? \*

8. WHAT ARE YOUR CURRENT CAREER GOALS? \*

**Learning Goal #1**

Your learning goals should be tailored to your upcoming clinical experiences so that you can actually accomplish them.

9. Goal: Briefly describe a learning goal. This should be phrased in an active format describing something that you will be able to do once the goal is achieved. When picking learning goals, use the mnemonic I-SMART (Important, Specific, Measurable, Accountability, Realistic, Timeline). Learning goals should be specific and avoid broad categories like "learn about dermatology." \*

10. How I know I need to do this: Include evidence for why this is an area of improvement. Including things like: intraining exam scores, past patients that you cared for, attending feedback, etc. Analyze your past experiences and describe why this is important to you. You might also include why this goal is important for your career path or current role. \*

11. Plan for achieving this goal: Describe the strategies/activities by which you will achieve your goal. Must be multisource and could include things like: Attending specific

clinics, focusing on particular skills during your rotations, going to workshops, reading relevant articles/book chapters/web-based modules/resources.  
-Timeline: Describe the time frame over which you hope to accomplish the goal (when do hope to have completed the goal and when will you accomplish each step). \*

12. Outcome: Describe how you will know that you have met this goal (should relate back to how the goal was identified). Examples include: Give a talk on the topic, attending evaluations/feedback, patient evaluations/feedback. \*

13. Progress: Where are you currently on achieving this goal? Try to update with a brief summary when you move forward with a goal or revisit each goal at least once a month. \*

#### Learning Goal #2

Your learning goals should be tailored to your upcoming clinical experiences so that you can actually accomplish them.

14. Goal: Briefly describe a learning goal. This should be phrased in an active format describing something that you will be able to do once the goal is achieved. When picking learning goals, use the mnemonic I-SMART (Important, Specific, Measurable, Accountability, Realistic, Timeline). Learning goals should be specific and avoid broad categories like "learn about dermatology." \*

15. How I know I need to do this: Include evidence for why this is an area of improvement. Including things like: intraining exam scores, past patients that you cared for, attending feedback, etc. Analyze your past experiences and describe why this is important to you. You might also include why this goal is important for your career path or current role. \*

16. Plan for achieving this goal: Describe the strategies/activities by which you will achieve your goal. Must be multisource and could include things like: Attending specific clinics, focusing on particular skills during your rotations, going to workshops, reading relevant articles/book chapters/web-based modules/resources.  
-Timeline: Describe the time frame over which you hope to accomplish the goal (when do hope to have completed the goal and when will you accomplish each step). \*

17. Outcome: Describe how you will know that you have met this goal (should relate back to how the goal was identified). Examples include: Give a talk on the topic, attending evaluations/feedback, patient evaluations/feedback. \*

18. Progress: Where are you currently on achieving this goal? Try to update with a brief summary when you move forward with a goal or revisit each goal at least once a month. \*

**Learning Goal #3**

Your learning goals should be tailored to your upcoming clinical experiences so that you can actually accomplish them.


19. Goal: Briefly describe a learning goal. This should be phrased in an active format describing something that you will be able to do once the goal is achieved. When picking learning goals, use the mnemonic I-SMART (Important, Specific, Measurable, Accountability, Realistic, Timeline). Learning goals should be specific and avoid broad categories like “learn about dermatology.” \*

20. How I know I need to do this: Include evidence for why this is an area of improvement. Including things like: intraining exam scores, past patients that you cared for, attending feedback, etc. Analyze your past experiences and describe why this is important to you. You might also include why this goal is important for your career path or current role. \*

21. Plan for achieving this goal: Describe the strategies/activities by which you will achieve your goal. Must be multisource and could include things like: Attending specific clinics, focusing on particular skills during your rotations, going to workshops, reading relevant articles/book chapters/web-based modules/resources.  
-Timeline: Describe the time frame over which you hope to accomplish the goal (when do hope to have completed the goal and when will you accomplish each step). \*

22. Outcome: Describe how you will know that you have met this goal (should relate back to how the goal was identified). Examples include: Give a talk on the topic, attending evaluations/feedback, patient evaluations/feedback. \*

23. Progress: Where are you currently on achieving this goal? Try to update with a brief summary when you move forward with a goal or revisit each goal at least once a month. \*

\* Required fields  Option description (place mouse over field to view)

Submit completed evaluation