

Chronic Pain Pager Instructions

1. Call the pager: (303) 266-7291
2. Press 0 during the greeting
3. Enter 2629 (last four digits of our pain pager access code)
4. Press 16 (you are now in pager forwarding mode)
5. Press 6
6. Enter your pager number (303-266-xxxx), then #
7. Reenter your pager number, then #

Recommended Reading for Chronic Pain Rotation

Text Book:

Essentials of Pain Medicine and Regional Anesthesia; Second Edition (Benzon, Raja, Molloy, Liu, Fishman)

This text book includes chapters useful for both chronic and acute pain, and for regional anesthesia. It's a readable book, most chapters are short enough to complete in an evening. This list includes only about ½ the chapters in the book overall. Feel free to read more!

During first rotation in Pain Clinic:

- Chapter 1: Anatomy and Physiology of Somatosensory and Pain Processing
- Chapter 2: Neurochemistry of Somatosensory and Pain Processing
- Chapter 3: Taxonomy: Definitions of Pain Terms and Chronic Pain Syndromes
- Chapter 4: Physical Examination of the Pain Patient
- Chapter 5: Pain Assessment
- Chapter 6: Psychological Evaluation and Testing
- Chapter 11: Major Opioids in Pain Management
- Chapter 12: Minor and Short-Acting Opioids
- Chapter 13: Opioid Therapy: Adverse Effects including Addiction
- Chapter 14: Psychopharmacology for Pain Medicine
- Chapter 15: Membrane Stabilizers
- Chapter 16: NSAIDs and COX-2-Selective Inhibitors
- Chapter 17: Muscle Relaxants

During second rotation in Pain Clinic:

- Chapter 8: Anatomy, Imaging, and Common Pain-Generating Degenerative Pathologies of the Spine
- Chapter 18: Pharmacology for the Interventional Pain Physician
- Chapter 19: Diagnostic Nerve Blocks
- Chapter 24: Substance Use Disorders and Detoxification
- Chapter 39: Overview of Low Back Pain Disorders
- Chapter 40: Interlaminar Epidural Steroid Injections for Lumbosacral Radiculopathy
- Chapter 41: Selective Nerve Root Blocks and Transforaminal Epidural Steroid Injections for Back Pain Sciatica
- Chapter 42: Facet Syndrome: Facet Joint Injections and Facet Nerve Blocks
- Chapter 43: Pain Originating from the Buttock: Sacroiliac Joint Dysfunction and Piriformis Syndrome
- Chapter 44: Myofascial Pain Syndrome
- Chapter 45: Fibromyalgia
- Chapter 46: Complex Regional Pain Syndromes: Terminology and Pathology
- Chapter 47: Complex Regional Pain Syndromes: Diagnosis and Treatment

Chapter 48: Herpes Zoster and Postherpetic Neuralgia

Chapter 49: Phantom Pain

Chapter 50: Central Pain States

Chapter 51: Pelvic Pain

Chapter 53: Diabetic and Other Peripheral Neuropathies

CHRONIC PAIN CLINIC ROTATION

Dear Resident:

Here are your Chronic Pain Articles for the Chronic Pain Clinic. These articles are a complement to the required readings from the textbook.

Here are the titles of the (15) articles listed below:

- ✚ Advance in Neuropathic Pain
- ✚ Antiepileptic Drugs: How They Work in Headache
- ✚ Dealing with Difficult Patients in Your Pain Practice
- ✚ Efficacy and Safety of Opioid Agonists in the Treatment of Neuropathic Pain of Nonmalignant Origin
- ✚ Ethical Challenges in the Management of Chronic Nonmalignant Pain: Negotiating Through the Cloud of Doubt
- ✚ Complications of Cervical Epidural Blocks Attract Insurance Company Attention
- ✚ Mechanistic Stratification of Antineuralgic Agents
- ✚ Opioid Therapy for Chronic Pain
- ✚ Painful Sensory Neuropathy
- ✚ Commentary: Empower and Educate Patients Diagnosed with Chronic Nonmalignant Pain
- ✚ Persistent Low Back Pain
- ✚ Physical and Emotional Functioning of Adult Patients with Chronic Abdominal Pain: Comparison with Patients with Chronic Back Pain
- ✚ Patient Characteristics Associated with Opioid Versus Non-steroidal Anti-inflammatory Drug Mgmt. of Chronic Low Back Pain
- ✚ Selective Nerve Root Blocks for Low Back Pain and Radiculopathy
- ✚ The Back Pain Revolution

